

**FIRST SUNDAY OF LENT**  
**Reading Cycle C**  
**Psalter Week 1**  
**Sunday 6<sup>TH</sup> MARCH 2022**

**Chaplain:**  
**Rev. Peter Davies**  
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**MASSES FOR THE WEEK**

SAT	5 <sup>TH</sup> MAR	FIRST SUNDAY OF LENT	6.30pm	World Peace
SUN	6 <sup>TH</sup> MAR		10.00am	
MON				
TUES	8 <sup>TH</sup> MAR	ST JOHN OF GOD (Commemoration)	10.00am	Jeanne Ngoy
WED	9 <sup>TH</sup> MAR	ST FRANCES OF ROME (Commemoration)	10.00am	Magdalena Klos
THURS	10 <sup>TH</sup> MAR	Weekday in the First Week of Lent	10.00am	Thomas Roche
FRI	11 <sup>TH</sup> MAR			
SAT	12 <sup>TH</sup> MAR	SECOND SUNDAY OF LENT	6.30pm	People of the Parish
SUN	13 <sup>TH</sup> MAR		10.00am	Vanessa and Patrick McCarthy (50 <sup>th</sup> Wedding Anniversary)

**PRAYERS FOR THE SICK, ANNIVERSARIES AND THOSE WHO HAVE RECENTLY DIED:**

We pray for those in our families or in our Parish Community who may be sick, housebound, worried or in need. We ask that the love of the Lord be with them during the coming week. To all our parishioners who are indisposed we ask that they may receive every grace and blessing.

We also pray for Paddy Magill, William Goodman, Joan Cowley, Thomas Toolan (Joyce), Michael Kennedy, Andrea Cruise, Margaret Welch, Phillip Hawkins, Pasquale Lapore, Stacey Butler, Kevin Collins, Bernard Flower, Lawrence Sloman, Bernard Murray, Maureen Decano, Sheila Amor, Stephen Ray, Catherine Rayer, William Hasson, James O'Brien, Mary Johnson, Nancy Mayled, Audrey Prew, Terence Bailey, Ellen Fitzgerald, Ivy Barry, Ann George, Sarah West, Lillian Janes, Shirley Burnett and all those whose anniversaries occur at this time.

Please pray for the repose of the souls of Jean Carter, Jeanne Ngoy, Catrin Morgan, Idris Ahmed, Margaret Rees and Spiro Abela who have died recently. May they rest in eternal peace. Do not forget to pray for all those who have died and for their families, particularly those who have no-one to remember them.

**CANDLES** You will have an opportunity to buy a 7 day candle which will be left either at the Sacred Heart and Our Lady's Altar for the duration of a week. The charge will be £5. **This week's candles will be lit for Kevin Barrie Collins and Joan Cowley**

**SACRAMENTAL PREPARATION 2022:** ( Reconciliation and First Holy Communion)

Registration for this year's Sacramental Programme is now closed. Those parents who have registered their children should have received an email from Mrs Taylor. If for any reason you have not had the email, please contact Mrs Taylor on the following address: [taylormary121@gmail.com](mailto:taylormary121@gmail.com) Thank You

**COVID RESTRICTIONS:** The wearing of Masks is now not compulsory. However, if you feel happier wearing a face covering, please continue to do so. Still in place : Sanitiser, no kneelers and taped off pews, 7 Day candles only.

**From this Sunday the First Sunday of Lent** we will receive Holy Communion in its rightful time in the Mass. Please come forward in TWO lines ( starting from the back as usual) but return to your seats down the side aisle. (Kneelers are still not to be used to facilitate walking through the pews). At the end of Mass, please use the nearest exit, either of the porches or the main door. For safety, use the grab handle as you go down the steps and please DO NOT stop to chat near the doors or the steps. There is plenty of room once you have cleared the exit.

Also we might have a hymn or two. If you take a hymn book please leave it at the end of your row so it can be collected. Masks to be worn whilst singing..... sorry.

**LOURDES PILGRIMAGE:** There is a Pilgrimage to Lourdes 25-30<sup>th</sup> July 2022. More details are on the Parish Website and also [www.tangney-tours.com/wnp](http://www.tangney-tours.com/wnp)

**SYNOD ENVELOPES:** Thank you to all who have contributed to this endeavour. Many of you have really good suggestions and observations. It is not too late to take part if you have some sheets lurking in your bags or pockets. There is still one week left for you to put down your thoughts. **PLEASE RETURN YOUR ENVELOPES BY NEXT WEEKEND AT THE LATEST BECAUSE THE REPORT TO THE ARCHDIOCESE HAS TO BE COMPILED BY THE MIDDLE OF MARCH.**

**OSCAR ROMERO :** Lecture given by Gethin Abraham-Williams on Saturday March 26<sup>th</sup> 11.00am in the Cornerstone. Please see the Parish Website for complete details or e-mail [post@cytun.cymru](mailto:post@cytun.cymru) ( Zoom or register in person)

**MASS INTENTIONS:** Please put your request and donation in an envelope and post it through the Presbytery Door and mark the outside of the envelope to show that it is a Mass request.

**WEEKDAY MASSES :** Numbers for the Weekday Masses have increased, so these Masses will be in the Church. Please dress warmly.

**HOUSEBOUND COMMUNIONS:** If you know of a parishioner wishing to receive Holy Communion or if you need help please contact Canon Mike.

**GOING INTO HOSPITAL?** Please let Canon Mike know as he will be pleased to celebrate the Sacrament of the Sick and/or any pastoral support you need, as the team of priests who currently provide 24/7 cover are under a great deal of pressure and therefore no guarantee that a priest will always be available at any particular time. If you know any Catholic already in Hospital who needs a visit or sacramental support please leave details with the Cardiff & Vale Hospital Chaplaincy 029 20743230

**CONFESSIONS:** For those who wish to avail themselves of the Sacrament of Reconciliation ( Confession), I will be available at the END of each weekend Mass NOT before Mass.

**SAFEGUARDING:** Please click on the link for Helplines and Information on the Parish Website Homepage.

**PARISH WEBSITE** Many people are unaware of what we have on our Parish Website. The Bible readings for the Day are uploaded each day together with reflections. There are links to various Masses on-line as well as a link to an online Stations of the Cross.. The February Catholic People Publication is at last available. When text is underlined, click on that and it will give more information. This newsletter is there also for you to read with details of the weekly Masses and Anniversaries.

### **MESSAGE FROM CANON MIKE**

Temptation is alive and well , still wandering the earth , still tempting people. As that great Irish Man of letters Oscar Wilde once wrote . . . " I can resist everything except TEMPTATION . . . "

None of us can resist Temptation , not even me , your "Holy, Saintly and Innocent " Parish Priest ! To be Tempted is to be Human and I my friend , I'm as human as the next person in the queue at Tesco or sitting next to you on the Bus from Grange Gardens into town. So you and I have a great deal in common .

I have a tendency to speak before putting my brain into gear, uttering words that should have remained unsaid . An example of this happened in the Cathedral at the Mass of St David when I swore and it was picked up on the microphone " . . . !.

During our Parish Mass on Ash Wednesday I talked about one of the many problems that I've carried over the years: the number of Boxes I have accumulated that remain unopened. The temptation is not to open them, keeping all the junk and unwanted and unnecessary items, locked away, hindering me from moving forward on my life's journey.

Look at it from a different standpoint: the Boxes are ourselves carrying guilt and remorse for past mistakes which do not allow Jesus an opportunity to empty the 'Boxes' so to heal and forgive us

*"Turn away from Sin and be faithful to the Gospel"*

Jesus in today's Gospel is tempted and we will be tempted today , tomorrow and the next day , so no matter who you are our Lenten Journey is an opportunity to find an understanding, to find the forgiving Jesus in the bottom of the box.

I'm NO plastic statue, but a man with feelings, emotions sometimes temperamental and melodramatic but can empathize with the tempted and the fallen. So this Lent let us move forward together, closer to our friend the TEMPTED JESUS.

Lord our God, you formed man and woman from the clay of the earth  
and breathed into them the spirit of New Life.

In this time of Lent, a time of Repentance  
we call upon you to empty us from the things that stop us from coming closer to you.  
Bring us closer to you and to a New Way of Living .  
Raise up the fallen, give new strength to the tempted and a sense of Joy at this time ,  
Through the name of Christ Our Lord.

**WAY OF THE CROSS : EVERY FRIDAY THROUGH LENT AT 3.00PM**

