

**SOLEMNITY OF TRINITY**

**Reading Cycle B**

**Page 83 in the Mass Book**

**Psalter Week 3**

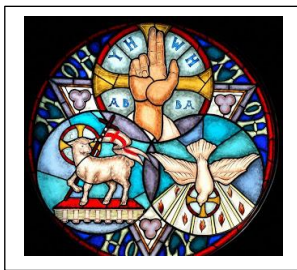
**Sunday 26<sup>TH</sup> MAY 2024**

**Chaplain: Rev. Peter Davies**

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**ST PATRICK'S GRANGETOWN**

**CARDIFF CF11 7 LJ**

**Tel No: 20253514**

**Parish Priest: Fr Valentine Mobuogwu**

**Fr Malachy Orjibebe**

**Please leave your phone number and e-mail address**

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**Website [www.stpatrickscardiff.co.uk](http://www.stpatrickscardiff.co.uk)**

**Facebook Page:**

**[Friends of St Patrick's Grangetown -](https://www.facebook.com/friendsstpatrickscardiff/)**

**[www.stpatrickscardiff.co.uk](http://www.stpatrickscardiff.co.uk)**

**MASSES AND SERVICES FOR THE WEEK**

SAT	25 <sup>TH</sup> MAY	TRINITY SUNDAY (SOLEMNITY)	6.30pm	George Mackie R.I.P
SUN	26 <sup>TH</sup> MAY		10.00 am	Phyll, Abbe and Alex Cohen R.I.P
MON	27 <sup>TH</sup> MAY			
TUES	28 <sup>TH</sup> MAY	Weekday in Ordinary Time	6.30pm	People of the Parish
WED	29 <sup>TH</sup> MAY	Weekday in Ordinary Time	10.00am	Denis and Sheila Amor R.I.P
THURS	30 <sup>TH</sup> MAY	Weekday in Ordinary Time	10.00am	John Parkman R.I.P
FRI	31 <sup>ST</sup> MAY	FEAST OF THE VISITATION OF THE BLESSED VIRGIN MARY	10.00am	All families
SAT	1 <sup>ST</sup> JUNE	SOLEMNITY OF THE BODY AND BLOOD OF OUR LORD JESUS CHRIST	6.30pm	Special Intention
SUN	2 <sup>ND</sup> JUNE		10.00am	Brunin Klos R.I.P

**PRAYERS FOR THE SICK, ANNIVERSARIES AND THOSE WHO HAVE RECENTLY DIED:**

We pray for those in our families or in our Parish Community who may be sick, housebound, worried or in need. We ask that the love of the Lord be with them during the coming week. To all our parishioners who are indisposed we ask that they may receive every grace and blessing.

Please pray for the repose of the soul of **Eileen Hall** who passed away recently. May she rest in peace. Eileen's Funeral will be in St Mary's Canton at 12.00pm on Tuesday 28<sup>th</sup> May. Pray for her family, and for those who have died who have no-one to remember them.

We also pray Denis Amor, Anthony Monks, Catherine Jennings, Elizabeth Power, Francis Dwyer, John O'Connor, George Mackie, Joan Smith, Moira Bohlin, Kim Lucas, Mark Anthony Anderson, Adelaide Almeida, James Caveney, James O'Keefe, William Williams, Jean Murphy, William Shinkwin, Irene Cuddihy, Jeannette John, Kathleen Tyte, Philip Driscoll, Michael Sullivan, Angela Pugh, Ann Mahoney, John Prosser, Phyllis Fitzsimmins, Thomas James and all those whose anniversaries occur at this time.

**CANDLES** You can buy a 7 day candle (£5.00) which will be left at the Sacred Heart or Our Lady's Altar for the duration of a week. **This week's candles will be lit for Kath Flynn, Tony Monks, and Mark Anthony Anderson**

**FIRST HOLY COMMUNION** : Next Sunday sixteen of our young people will receive Jesus in the Holy Eucharist for the First time. It will be a very special day for them and for us, as a Parish Family. The children and their families will be sitting at the front of the Church. Please remember them in your prayers and let us hope that they will come to the table of the Lord often.

**BECOMING A CATHOLIC?** Please put your details on the proforma at the back of the Church and give it to Fr Malachy. The Adult Sacramental Classes (RCIA) will begin in July.

**CORPUS CHRISTI PROCESSION:** Sunday June 2<sup>nd</sup>. Mass at 2.00pm at the University Chaplaincy 62, Park Place Cardiff. Procession then follows at approximately 3.00pm through town ending at St David's Cathedral.

**MASS FOR THE SICK AND RETIRED CLERGY** On Friday 7<sup>th</sup> June, Archbishop Mark O'Toole will celebrate Mass dedicated to the Sick and Retired Clergy of the Archdiocese. The Mass will take place at St David's Cathedral at 12.45pm. A very warm welcome is extended to all parishioners to join the Archbishop for this celebration and afterwards at the Cornerstone where light refreshments will be served.

**WELSH NATIONAL PILGRIMAGE TO LOURDES:** 22nd to 26 th July 2024, flying from Bristol. Led by Archbishop Mark O Toole. For further details and booking form, please contact Tangney Tours. <https://www.tangney-tours.com> <https://www.welshnationalpilgrimage.com/>

**MAY ROSARY:** During the month of May the Rosary will be said before the weekday Masses. There is also a link on the Parish Website which will enable you to join in with the saying of the Rosary from New Orleans.

**SACRAMENT OF RECONCILIATION:** You can receive this Sacrament after any Mass, just let one of the priests know.

**PIETY STALL:** Confirmation and First Holy Communion cards and gifts ( you can make up your own gift sets and there are some matching gift bags) . There are also lots of new cards suitable for all occasions at very reasonable prices.

**May is the month of Mary ..... why not pick up a Rosary..... Take care on the step if you look in the wall cupboards.**

**LOST PROPERTY:** We have quite a collection of pairs of glasses ! Look on the windowsill in the porch, if you have mislaid a pair.

**MISSIO: 2023 Mission Red Box Donations:** A Total of £1511.55 was raised last year in St Patrick's. Thank you all for this achievement and please continue to support Missio Red Boxes and remember them in your prayers. Please bring your boxes to Church for emptying from this weekend. If you would like to have a Red Box, please let me know. Many thanks again Gerry McCarthy 02920 650 330

**SUMMER YOUTH RETREAT** St David's Pembroke National Park. 24<sup>th</sup>-27<sup>th</sup> July Please see Poster at the back of the Church

**MASS INTENTIONS** At the back of the Church there are envelopes for you to put your donation and the details of when you would like a Mass and for whom. Please indicate if the person is deceased. Please put your envelope in the Offertory Bag or the Brown Box at the back of the Church.

**NEW TO THE PARISH?** If you have been coming to St Patricks for some weeks and would like to be listed as a new Parishioner please complete the proforma at the back of the Church and give it to one of the priests.

**SAFEGUARDING:** Please click on the link for Helplines and Information on the Parish Website Homepage

**GOING INTO HOSPITAL?** Please let the Hospital know that you are a Catholic and would like a visit from the Chaplain. If you are a relative and would like the Catholic Hospital Chaplain to make a visit please leave the name of the person you want them to see and the Ward details if possible. When you ring the Chaplaincy 02921 843230 (new number) please leave your contact details so that they can contact you.

**HOUSEBOUND COMMUNIONS:** If you know of a parishioner wishing to receive Holy Communion or if you need help please contact Frs Valentine, or Malachy.

**PARISH WEBSITE** Each day there is something new to read.

### **WEEKLY MESSAGE**

Today we celebrate the Solemnity of the Holy Trinity. It is one of the most difficult and perplexing mysteries for us to even begin to understand. Many Theologians have tried, using complicated language, but this only serves to confuse people even more. St Patrick used a simple analogy: the Shamrock.

Saint Patrick, who lived in the Fifth Century was preaching to a large crowd of Irish people. Shamrock, which looks like clover, grows widely all over Ireland. According to legend, he picked some up to help the people understand a little of what he was saying about God. The shamrock has one stem but three lobes to each leaf and was in a way like the Trinity: that, in the one God there are three divine beings: the Father, the Son and the Holy Spirit, but they are all One.

There are many analogies to help us to understand a little of the mystery of the Trinity. Another talks about a book, how a book has thickness, height and width. Together they make up the book. Another is an egg, how an egg has a shell, a yolk and the white part. Together they make up the egg.

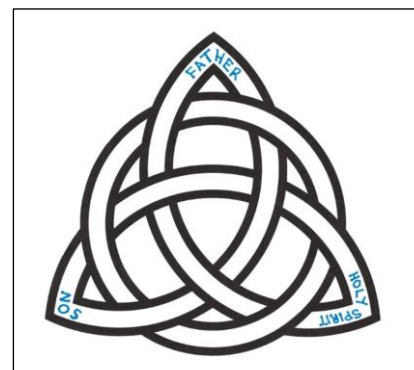
The Nicene Creed, which we say at every Mass, clearly and simply defines each member of the Trinity: God the Father, God the Son, and God the Holy Spirit.

It says of God the Father, that He is, "the Almighty, Maker of heaven and earth, of all things visible and invisible" God is the creator of everything and Lord over all the universe.

Of Jesus, it says, He is the only-begotten son of God—begotten, not made!—born of the Father before all ages, God from God, Light from Light, true God from true God." He is equal to God the Father and of the same substance. God the Son refers to how we believe that God chose to come to earth as a human being in the form of Jesus, the son of Mary.

And lastly, of the Holy Spirit, the creed reads: "I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son." These are beautiful words: Lord and giver of life. This refers to the power of God in our daily lives. What a way to understand the Holy Spirit!

I am no longer my own but yours.  
Put me to what you will, rank me with whom you will;  
put me to doing, put me to suffering;  
let me be employed for you or laid aside for you,  
exalted for you or brought low for you.  
Let me be full, let me be empty,  
let me have all things, let me have nothing.  
I freely and wholeheartedly yield all things to your pleasure and disposal.  
And now, glorious and blessed God,  
Father, Son and Holy Spirit,  
you are mine and I am yours. So be it.  
And the covenant made on earth,  
let it be ratified in heaven.  
Amen



Come and join us in our café for a cuppa and a chat after the 10.00am Mass on Sunday.

