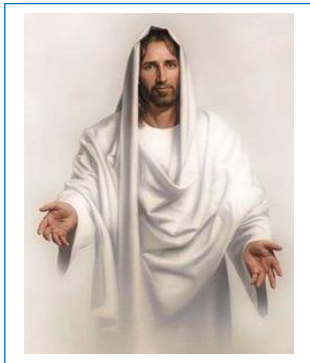


**NINETEENTH SUNDAY
IN ORDINARY TIME**
Reading Cycle B
Psalter Week 3
Sunday 8TH AUGUST 2021
Chaplains:
Llandough-Rev. Peter Davies
peter.davies4@wales.nhs.uk
Heath-Rev. David Pritchard
david.pritchard@wales.nhs.uk



**ST PATRICK'S GRANGETOWN
CARDIFF CF11 7 LJ**
Tel No: 20253514
Parish Priest:
Canon Michael Patrick Evans
e-mail: michael.evans@rcadc.org
www.stpatrickscardiff.co.uk
Safeguarding Rep: C German
e-mail: Cge7618946@aol.com

MASSES FOR THE WEEK

SATURDAY	7 TH AUG	19TH SUNDAY IN ORDINARY TIME	6.30pm	Terry O'Connell
SUNDAY	8 TH AUG		10.00am	People of the Parish
MONDAY	9 TH AUG			
TUESDAY	10 TH AUG	FEAST OF ST LAWRENCE	10.00am	Agusta Fernandes
WEDNESDAY	11 TH AUG	MEMORIAL OF ST CLARE	10.00am	
THURSDAY	12 TH AUG	Weekday in Ordinary Time	10.00am	Kathleen + Mansel Jones Golden Wedding
FRIDAY	13 TH AUG			
SATURDAY	14 TH AUG	ASSUMPTION OF OUR BLESSED LADY (Solemnity)	6.30pm	Charles Fry, Joan Newell Bernard
SUNDAY	15 TH AUG		10.00am	Elizabeth and William Prosser

PRAYERS FOR THE SICK, ANNIVERSARIES AND THOSE WHO HAVE RECENTLY DIED:

We pray for those in our families or in our Parish Community who may be sick, housebound, worried or in need. We ask that the love of the Lord be with them during the coming week. To all our parishioners who are indisposed we ask that they may receive every grace and blessing.

We also pray for Rose Young, Albert Millar, Carmello Gallea, William Mackie, Timothy Dwyer, Ernetto Dattero and all those whose anniversaries occur at this time.

Please pray for the repose of the souls of Paul Driscoll and Karen McAree who passed away recently. May they rest in Eternal Peace.

Do not forget to pray for all those who have died and for their families particularly those who have no-one to remember them.

CANDLES You will have an opportunity to buy a 7 day candle which will be left either at the Sacred Heart and Our Lady's Altar for the duration of a week. The charge will be £5.

This week's candles will be lit for the Repose of the Soul of Karen McAree. May she rest in Eternal Peace

Please put your requests through the Presbytery door in an envelope with 'CANDLE' written on the outside.

GOING INTO HOSPITAL? Please let Canon Mike know as he will be pleased to celebrate the Sacrament of the Sick and/or any pastoral support you need, as the team of priests who currently provide 24/7 cover are under a great deal of pressure and therefore no guarantee that a priest will always be available at any particular time. If you know any Catholic already in Hospital who needs a visit or sacramental support please leave details with the Cardiff & Vale Hospital Chaplaincy 029 20743230

PRAYERS: It is our duty to pray for each other, for those who are sick and those who care for them. But I also ask your prayers for the Chaplains who sit with those who will die, then with the families and then to stand at the graveside bringing the Peace of Jesus, to these broken families. I remember my good friend at Llandough, Peter Davies RC Chaplain, and Dave Pritchard at the Heath.

CONTACT: If you want a chat or are in need of help please phone me and leave a message so I can get back to you.

WHAT'S NEW ON THE WEBSITE? Catholic People: **AUGUST EDITION** Caritas: **AUG- SEPT BULLETIN**

HOUSEBOUND COMMUNIONS: If you know of a parishioner wishing to receive Holy Communion please contact me.

MASS INTENTIONS: Please put your request and donation in an envelope and post it through the Presbytery Door and mark the outside of the envelope to show that it is a Mass request.

ON-LINE GIVING: Many Parishes give people the opportunity to donate to their Parish via an on-line link. This has been set up and all monies go directly into the St Patrick's bank account. It is fully secure and you can do it using PayPal if you wish. There is no obligation for you to use this feature but the facility is there if you want it. Just click on the On-line Giving logo on the Home Page on our website and follow the instructions. There is an opportunity for you to Gift Aid your contribution. Thank you to everyone who has used this as a way to support our Parish.

CONFESSIONS: For those who wish to avail themselves of the Sacrament of Reconciliation (Confession), I will be available at the END of each weekend Mass NOT before Mass.

NEW COLLECTION BOXES: These are now available from the back of the Church. If you pay Income Tax and you do not already Gift Aid your collection and you would like to do so, please do not take a box, but take a form so that a new numbered box can be allocated to you. There is absolutely no cost to you and we can claim back 25p extra for every £1 you give. Just fill in the form and give it to Pattie Johnson so that this can be arranged and you will be given a box with a new number.

MESSAGE FROM CANON MIKE

I've often wondered how many people have access to an I-pad or computer in order to read St Patrick's Newsletter? Each week I jumble together a few words and here I must thank Christine German who tries to decipher my writing and correct my spelling before she types and places it on-line. I try to write words of motivation, trying to cheer people up but sadly there are those who never get to read our 'on-line newsletter'.

I've always said that a Parish Newsletter should be Informative, Spiritual and Humorous. Within the newsletter we often mention what the Bishops of England and Wales as well as W.A.G. in Cardiff Bay have been saying regarding Coronavirus, Lockdown and the rules that apply to our weekly Mass. The Bishops, for the last 18 months have lifted the Sunday obligation to attend Mass. The latest pronouncement is that this obligation will resume this coming Advent. For Parishes this could be the start of life returning to something resembling pre-lockdown normal. But it will not be 'normal', normal. Lockdown has changed Society, Parishes and Individuals. Covid has changed Catholics and their relationship to the Church in ways that the Bishops may not fully understand. They suspended the "obligation" and allowed people to watch Mass via the televisions and virtually. However, those who come to Mass meet as a Community of believers wanting to attend Mass not out of fear of God's retribution, but coming together for mutual support and allowing Jesus to take and feed us, offering us the Eucharist as a source of healing for troubled souls, an opportunity for rebuilding broken Communities, restoring relationships and fostering charity.

When Advent 2021 arrives, how many will return, to help re-build St Patrick's? How many have lost the spirit of the Living Lord given to them at their Baptism? Like Pope Francis, one aspect of my ministry is that of supporting, healing and encouraging. I miss not being with you on the weekend as "I'm about my Father's Business" in other parts of the Archdiocese, but I still hold you close to my heart.

These past few weeks, the readings have been about Feeding the People, first by Moses then by Jesus, on their journeys.

"I am the bread of life. Your father ate manna in the desert, but they are dead.

I am the Living Bread which comes down from Heaven.

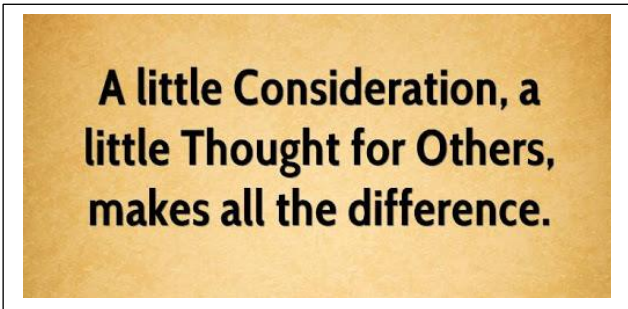
Anyone who eats this bread will live for ever...."

Pope Francis has said "Just as the bread and wine are changed into the body and blood of Christ; those who receive them with faith are transformed into a living Eucharist. Then *you* become the Body of Christ"

This is beautiful..... as we become what we receive. This is a much more attractive appeal to return to Mass than the insistence on the fulfilment of an 'obligation'.

As I write these words, we wait upon the Welsh Government as they decide the way ahead for Wales. Please know that whatever they say is for the benefit of the people of St Patrick's and beyond.

Please don't expect things to change dramatically overnight, as the Virus has NOT GONE AWAY. So let us not be selfish, but remember that we are only as strong as our weakest member of the Parish and Community. Some will remain cautious.



**A little Consideration,
a little Thought for Others,
makes all the difference.**

SAFE SPACES is a free, independent support service, providing confidential, personal and safe space for anyone who has been abused by someone in the Catholic Church of England and Wales, Church of England or Church in Wales. Free Helpline 0300 303 1056 or e-mail safespaces@victimsupport.org.uk

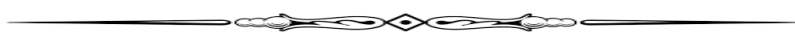
SAFEGUARDING: Please click on the link for Helplines and Information on the Parish Website Homepage. Those experiencing domestic abuse will be able to go into a Boots or indie chemist and seek help. If they say the codeword 'ANI' (pronounced Annie) they'll be taken to a private room and asked if they want to call 999 or domestic abuse helpline. ANI stands for 'Action Needed Immediately'" Contact Numbers: National Abuse Helpline 0808 2000 247 Telephone receiver Respect helpline for male victims of abuse 0808 8010 327

ON-LINE MASS: There are many sites which stream Catholic Masses. Links are on the Website Eg.

<http://www.catholictv.org/masses/catholictv-mass> Daily Mass (On Demand)

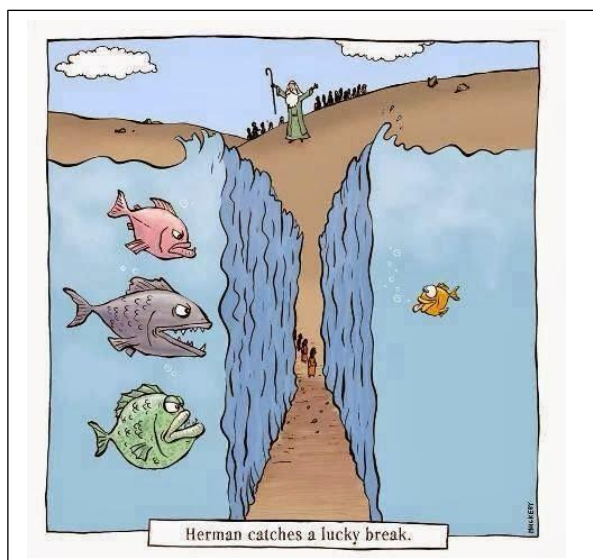
<https://www.mcnmedia.tv/camera/st-mary-of-the-angels> Daily Mass

MASSES IN OTHER CATHOLIC CHURCHES IN CARDIFF: <https://weekdaymasses.org.uk/en/area/cardiff/churches>



Rafferty had been told to attend the hospital for a minor operation, but he was afraid. So when the fateful morning arrived, he lay in bed determined not to go.
"Ring the hospital" he said to his wife, "and tell them I'm sick."
" You get to the hospital" she answered " There's nothing wrong with you."
So Rafferty arrived at the hospital and was bathed changed and safely tucked up in bed.
" Now, " said the nurse " you're to stay there and not get up. So let me know if you want a bed pan."
" A bed pan ?" roared Rafferty " Don't tell me we've got to do our own cooking !"

LIFE'S LIKE THAT!



" I'm the unluckiest person in the whole world," moaned Betty McGrath.
" I bought a non-stick pan and I can't get the label off."

"She's a horrible woman" said Murphy, about his mother-in-law.
"She makes her own yoghurt. She puts a pint of milk on the table and stares at it !"