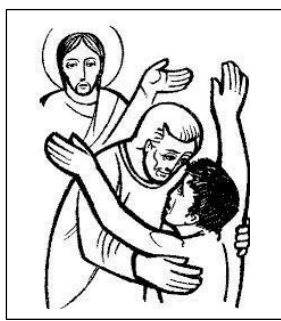


**FOURTH SUNDAY IN LENT  
LAETARE SUNDAY  
MOTHERING SUNDAY**

Reading Cycle C  
Page 168 in the New Mass Book  
Psalter Week 4  
Sunday 30<sup>th</sup> MARCH 2025  
Chaplain: Rev. Peter Davies  
[peter.davies4@wales.nhs.uk](mailto:peter.davies4@wales.nhs.uk)  
Safeguarding Rep: C German  
e-mail: [Cge7618946@aol.com](mailto:Cge7618946@aol.com)



**MASSES AND SERVICES FOR THE WEEK**

**ST PATRICK'S GRANGETOWN  
CARDIFF CF11 7 LJ  
Tel No: 20253514**

**Parish Priest: Fr Valentine Mobuogwu  
Fr Malachy Orjibebe Fr Peter Okafor  
Please leave your phone number and e-mail address  
[grangetown@rcadc.org](mailto:grangetown@rcadc.org)**

**Website [www.stpatrickscardiff.co.uk](http://www.stpatrickscardiff.co.uk)**

Facebook Page:  
Friends of St Patrick's Grangetown -  
[www.stpatrickscardiff.co.uk](http://www.stpatrickscardiff.co.uk)

SAT	29 <sup>th</sup> MAR	FOURTH SUNDAY IN LENT LAETARE SUNDAY / MOTHERING SUNDAY	6.30pm	All Mothers
SUN	30 <sup>th</sup> MAR		10.00am	
MON		NO MASS		
TUES	1 <sup>st</sup> APRIL	Weekday in the Fourth Week of Lent	6.30pm	Filomena Luciana Gomes R.I.P
WED	2 <sup>nd</sup> APRIL	Weekday in the Fourth Week of Lent	10.00am	Deceased people of the Parish
THURS	3 <sup>rd</sup> APRIL	Weekday in the Fourth Week of Lent	10.00am	Annie and James Hall R.I.P
FRI	4 <sup>th</sup> APRIL	Weekday in the Fourth Week of Lent	10.00am	Regina Okafor R.I.P
		STATIONS OF THE CROSS	3.00pm	.....
SAT	5 <sup>th</sup> APRIL	FIFTH SUNDAY IN LENT	6.30pm	Bernard Johnson R.I.P Muriel Callaghan R.I.P
SUN	6 <sup>th</sup> APRIL		10.00am	O'Halloran Family

**PRAYERS FOR THE SICK, ANNIVERSARIES AND THOSE WHO HAVE RECENTLY DIED:**

We pray for those in our families or in our Parish Community who may be sick, housebound, worried or in need. We ask that the love of the Lord be with them during the coming week. To all our parishioners who are indisposed we ask that they may receive every grace and blessing.

**Please pray for the repose of the souls of Eileen Hougardy and Winnie Rein . May they rest in peace**

We also pray for, Michael Bourge, Patrick Driscoll, Roy Deans, Spiro Tanti, Michael Curmi, Guiseppe Ianucci, Margaret Ann Madigan, Gemma Hanlon, Matilda Felices, Bernard Lago, Edith Palmer, Annie Hall, Joanna (Eve) Simons, Frances Prosser, James McCarthy, Michael Hurley, Yolanda Da Mota, Wladyslaw Struck, Majorie O'Leary, Sheila Flower, Joan Patten, Muriel Callaghan, Carmelo Camilleri, Bernard McCarthy, Derek Utley, Beatrice Sultana, David Condon, Terence Dorgan, Fr Paul Chidgey, Fr Felix Connelly, Fr Patrick Kerrisk and all those whose anniversaries occur at this time.

**REST IN PEACE:** Please remember in your prayers, Fr Peter's Mother, Regina Okafor who passed away on Monday last. May she rest in the arms of the Lord. We pray also for Fr Peter and his family.

**FR MALACHY:** will be covering in St Helen's Barry whilst Canon Mike takes a rest after his recent accident ( he fell and broke his arm). We all wish Canon Mike every grace and blessing and hope that he gets well soon.

**CANDLES** You can buy a 7 day candle (£5.00) which will be left at the Sacred Heart or Our Lady's Altar for the duration of a week. **This week's candles will be lit for Val Williams, Phyll, Abbe, Alex Cohen, the Well Being of Debbie,**

**If you choose to light T-lights, please make a donation towards their purchase.**

**PLEASE BE ON TIME FOR MASS:** Masses at the weekend are at **6.30pm on Sat and at 10.00am on Sun.** In order for you to say you have been to Mass you do need to be present for the WHOLE of Mass, not just the last few minutes. If you were going to a friend for a meal you would make every effort to be on time. Every Mass you are invited to the table of the Lord, so please don't be late.

**WAY OF THE CROSS:** Way of the Cross (Stations of the Cross) A devotion to the Passion of Christ which recalls a series of events at the end of Jesus' life from his condemnation to his burial. This service which includes Exposition and Benediction will be at 3.00pm every Friday during Lent.

**GIFT AID AND NON GIFT AID ENVELOPES:** New Boxes are available. Please look for your name. If you pay Tax, you can sign up to enable the Parish to collect Gift Aid. There is no cost to you. All it entails is your signature on a form. Please see Pat Johnson for details.

**LENTEN REFLECTIONS:** Look on the Parish Website. 'He chose the nails'-- Max Lucado  
Three Questions to ask during Lent – Bishop Robert Barron

**BISHOP ROBERT BARRON'S 'THE MASS'** videos well worth watching. Links are on the Parish Website or just Google Robert Barron the Mass. The videos are not long and really easy to listen to.

**PIETY STALL SALE:** New display of cards and gifts for First Holy Communion and Confirmation

**CONFIRMATION CANDIDATES:** Please be on time. If there is a problem please contact Chris German on 02920340776 or Cge7618946@aol.com

**OLD SPECTACLES/ GLASSES:** **THE KNIGHTS OF ST COLUMBA** are collecting any old prescription spectacles/glasses (no cases) to be sent overseas to Third World Countries. There is a box at the back of the Church to put your old items in. Please see Patrick McCarthy for more information if you are interested in joining the Knights. This is an all male organisation.

**MASS INTENTIONS** At the back of the Church there are envelopes for you to put your donation and the details of when you would like a Mass and for whom. Please indicate if the person is deceased. Please put your envelope in the Offertory Bag or the Brown Box at the back of the Church.

**NEW TO THE PARISH?** If you have been coming to St Patricks for some weeks and would like to be listed as a new Parishioner please complete the proforma at the back of the Church and give it to one of the priests.

**SAFEGUARDING:** Helplines and Information on the Parish Website Homepage. A First Aid Box is kept in the Sacristy.

**GOING INTO HOSPITAL?** Please let the Hospital know that you are a Catholic and would like a visit from the Chaplain. If you are a relative and would like the Catholic Hospital Chaplain to make a visit please leave the name of the person you want them to see and the Ward details if possible. When you ring the Chaplaincy 02921 843230 please leave your contact details so that they can contact you.

**HOUSEBOUND COMMUNIONS:** If you know of a parishioner wishing to receive Holy Communion please contact one of the priests.

**CHURCH COLLECTIONS** March 22<sup>nd</sup>/ 23<sup>rd</sup> £ 729 .89

### **WEEKLY MESSAGE**

Today is Laetare Sunday, the Fourth Sunday in Lent. The term is derived from the opening words of the Latin Mass, "Rejoice (Laetare) Jerusalem" The church is called to joyful anticipation of the victory to be won. This joyful theme provides a brief respite from the penitential emphasis of Lent.

King Henry V famously encouraged his troops with a powerful speech before the Battle of Agincourt, urging them to fight for glory and remember that day as a time of great honour, famously stating "Once more unto the breach, dear friends, once more". In a way we are all in a battle: a battle against our own inclinations to only think of 'self' and what we can gain for our ourselves.

The saying "what will it profit a man if he gains the whole world, but loses his own soul" (Mark 8:36) is a powerful reminder that worldly success and possessions are ultimately meaningless if they come at the cost of one's spiritual well-being and relationship with God.

Last week the message was all about relationships and what we can do when we are in conflict with those around us. It was also about what we can do when we have stepped off the path the Lord has laid out for us.

To make amends with our family, friends and colleagues is often difficult to do: what if our apologies are rebuffed? What if those people harbour the time of disagreement? What do we say? What if we harbour that time and let it fester in our hearts and even though apologies are made the memories still linger.

With God, we have no such worries. God is always waiting for us to turn to Him and tell Him our worries, the times when we have made the wrong choices and gone against His wishes, the times when we have deliberately upset others and made no effort to put things right. If we are truly sorry for the wrong things we have done He will give us the strength to start again.... no recriminations, no holding things against us. All Gone!

**You have a chance to do this on Friday April 11<sup>th</sup> after the Stations of the Cross which begin at 4.00pm. Make a note in your diary.** If you are unsure about the words to use in the Sacrament of Reconciliation please take a sheet to refresh your memory. **The Penitential Service Friday 11<sup>th</sup> April 4.45pm till about 6.30pm**

### **A Mother's Day Blessing**

There is but one and only one,  
Whose love will fail you never.  
One who lives from sun to sun,  
With constant fond endeavor.

There is but one and only one  
On earth there is no other.  
In heaven a noble work was done  
When God gave us a Mother.

**"A mother is she who  
can take the place of all  
others, but whose place  
no one else can take."**

—CARDINAL HERMILLOD